

# New York 2 LA

**Count:** 48    **Wall:** 4    **Level:** Intermediate / Advanced

**Choreographer:** Rachael McEnaney (UK/USA) Dec 2013

**Music:** NY2LA by Press Play [3.35mins]

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**Count In:** 32 counts from start of track, dance begins on vocals. Approx 126 bpm.

**Notes:** There is 1 Tag at the end of the 7th wall, see notes below.

## [1 - 8] Fwd R, twist, R coaster step, fwd L, ½ pivot R, ½ turn R, ¼ turn R

- Step right foot forward as you bend right knee (almost like a press) (1), twist right heel to right (pushing into right foot)(&), twist right heel back to place (weight ends on left)(2) 12.00
- 1 & 2
- Step back right (3), step left next to right (&), step forward right (4) 12.00
- 3 & 4
- Step forward left (5), pivot ½ turn right (6), make ½ turn right stepping back on left (7), make ¼ turn right stepping right to right side (8) 3.00
- 5 6 7 8

## [9 - 16] L syncopated jazz box, ¼ turn R with sweep back, back sweeps R-L, R sailor

- Cross left over right (1), step back right (2), step left to left side (&), cross right over left (3) 3.00
- 1 2 & 3
- Make ¼ turn right stepping as you step back on left and sweep right (4), step back on right as you sweep left (5) 6.00
- 4 5
- Step back on left as you sweep right (6), cross right behind left (7), step left next to right (&), step right to right side (8) 6.00
- 6 7 & 8

## [17 - 24] L touch behind, L side, R behind-side-cross, ½ turn L with R sweep, R cross, L side-rock-cross

- Point left toe crossed behind right (style: as you point left behind take both hands to right side & look to right) 6.00
- 1
- Step left to left side (2), cross right behind left (3), step left to left side (&), cross right over left (4) 6.00
- 2 3 & 4
- Make ¼ turn left stepping forward left and sweep/swing right leg out to make another ¼ turn left (5), cross right over left (6) 12.00
- 5 6
- Rock left to left side (7), recover weight right (&), cross left over right (8) 12.00
- 7 & 8

## [25 - 33] R side press/rock, R behind-side-cross, L side with hip, R side with hip, rolling full turn L

- Press ball of right to right side (style: lift right shoulder up) (1), recover weight left (drop shoulder) (2) 12.00
- 1 2
- Cross right behind left (3), step left to left side (&), cross right over left (4) 12.00
- 3 & 4
- Step left to left side as you turn hip & upper body left (5), step right out to right side as you turn hip & upper body right (6) 12.00
- 5 6
- Make ¼ turn left stepping forward left (7), make ½ turn left stepping back right (8), make ¼ turn left taking big step to left side 12.00
- 7 8 1

**[34 - 40] Hold, R ball, L cross, ¼ turn R, ½ turn R with L hip bump, ¼ turn R with R hip bump**

- 2 & 3 4 Hold (slide right towards left) (2), step in place on ball of right (&), cross left over right (3), make ¼ turn right stepping forward right (4) 3.00
- 5 6 Make ¼ turn right touching left to left side and pushing hip left (5), make ¼ turn right stepping back left (6) 9.00
- 7 8 Make ¼ turn right touching right to right side and pushing hip right (7), step right to right side (8) 12.00

**[41 - 48] L cross, R side, ¼ L sailor, R fwd, pivot ½ turn L, 2x ¼ turns L**

- 1 2 Cross left over right (1), step right to right side (2), 12.00
- 3 & 4 Cross left behind right (3), make ¼ turn left stepping right next to left (&), step forward left (4) 9.00
- 5 6 Step forward right (5), pivot ½ turn left (6), 3.00
- 7 8 Make ¼ turn left touching right to right side (7), make ¼ turn left touching right to side (8) 9.00

**TAG: At the end of the 7th wall you will be facing 3.00 add the following Tag.**

**Make ¼ turn left stepping right to right side as you do a big hip circle counter clockwise (left) for 4 counts (1,2,3,4)**

**Making a full turn to right, walk around in a circle right-left-right-left (5,6,7,8) Then start again – facing 12.00**

**Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format.**

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